



PURE AND SIMPLE!
*The Perfect Premium
 Ice Cream*



NUTRITION FACTS

Serving Size 1 Ounce (20g) **SHAKE'S VANILLA
 FROZEN CUSTARD**

AMOUNT PER SERVING

Calories 40

Calories From Fat 17.5

	%Daily Value*
Fat 2g	14%
Saturated Fat 1g	30%
Trans Fat 0g	
Cholesterol 15mg	13%
Sodium 15mg	2%
Total Carbohydrate 4.5g	7%
Dietary Fiber 0g	0%
Sugar 3.5g	
Protein 1g	
Vitamin A 6%	*
Vitamin C 0%	0%
Calcium 8%	*
Iron 0%	0%

* Percent Daily Values are based on a 2,000 calorie diet.
 Your daily values may be higher or lower depending on your caloric needs:
 your caloric needs:

	Calories:	2,000	2,500
Total Fat	Less than	16g	20g
Sat Fat	Less than	5g	6g
Cholesterol	Less than	75mg	75mg
Sodium	Less than	600mg	600mg
Total Carbohydrate		75g	93.5g
Dietary Fiber		6g	7.5g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



Ingredients: Milkfat and nonfat milk, sugar, corn syrup, egg yolks, stabilized and emulsified by mono and diglycerides, guar gum, cellulose gum and carrageenan.